

# Mountaineer

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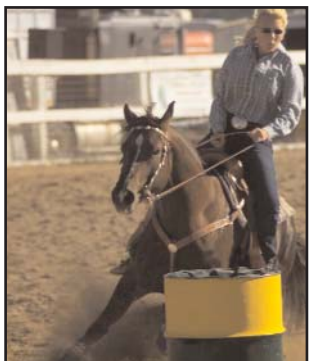
Oct. 10, 2002



## INSIDE THE MOUNTAINEER

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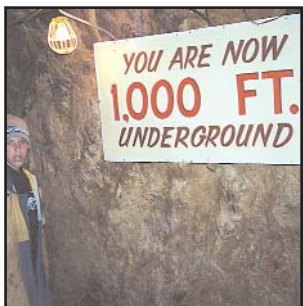
### Feature



**Fall Fest and Rodeo draws a crowd to Turkey Creek for a day of fun and activities to celebrate the end of summer.**

See Page 18 and 19.

### Happenings



**The Molly Kathleen Gold Mine Tour near Cripple Creek takes visitors 1,000 feet below ground to explore one of the area's oldest gold mines.**

See Page 27.

### Road work

Road work on Woodfill and Mekong will begin Tuesday. Signs will be in place to route traffic around the work area. Alternate routes are suggested.

Post Weather hotline:  
**526-0096**

## Gate 1 construction begins Friday

by Capt. Bren Workman

Fort Carson Public Affairs Office

Beginning Friday, Gate 1 will have limited access due to new gate construction. It is recommended drivers use Gate 2 and Gate 5 to ease congestion. Gate 1 construction is scheduled to continue through March 2003.

Throughout the construction, trucks hauling materials will approach Fort Carson from the south along Highway 115, and will enter the construction site through Gate 1.

The construction at Gate 1 is the start of a construction project to change Fort Carson from an open post with limited access, to an environment of controlled access against a demonstrated threat, said Col. Hal K. Alguire, director, Directorate of Public Works.

Over the next two years, a massive construction project will improve the appearance, security and operational readiness of the entrance gates onto Fort Carson, said Alguire.

The Fort Carson Force Protection Team, consisting of the Physical Security office, the Provost Marshal, the Directorate of Information Management, Directorate of Public Works and the Garrison Operations, was formed to coordinate the Fort Carson



File photo by Spc. Jon Christoffersen

**Spc. Keir Robinson Headquarters Battery, 3rd Battalion, 29th Field Artillery, checks ID at Gate 1. Beginning Friday, Gate 1 will have limited access due to new gate construction. It is recommended drivers use Gate 2 and Gate 5.**

and Forces Command requirements into a workable gate design.

The contract specifies that each gate, when complete, will expand to have a mini-

mum of two inbound lanes and one inspection lane. All of the gates will have a new gatehouse and guard booth for each

**See Gate change, Page 4**

## Policy change increases tuition assistance to 100 percent

by Michelle Bard  
Army News Service

**WASHINGTON** — Soldiers now have more money to pay for their education because of changes to the Department of Defense's tuition-assistance policy.

Beginning Oct. 1, the Army's Tuition Assistance program will pay up to the new cap of \$250 per semester hour of credit and an annual ceiling of \$4,500 to soldiers enrolled in a post-secondary school. The policy also covers textbooks if they are included in the school's tuition rates.

Under the old policy, the tuition-assistance grant was up to 75 percent of tuition, capped at \$187.50 per semester hour and \$3,500 a year.

"This policy offers greater opportunities for those who want to continue their education," said Janice Yoo, Tuition Assistance program manager at the Total Army Personnel Command, Alexandria, Va.

The increase was in response to changes made in law (10 USC 2007) two years ago. A revision to Army Regulation 621-5 is currently being staffed, officials said.

Yoo said the policy could not be implemented immediately at the time it was enacted.

"We couldn't snap our fingers and change it," Yoo said. "Additional funds had to be programmed to support the change."

There is a misconception that the new tuition assistance will always cover 100 percent of tuition, Yoo said. However, the Army will pay 100 percent only if the institution's fees are \$250 per semester hour or less. If the fees exceed \$250, the Army will not pay more to cover the difference, she said.

"If you are really strapped for cash, federal grants are available. You can still apply for Pell grants," Yoo said.

Enrolled soldiers may also draw funds from their Montgomery GI Bill. Active-duty soldiers can receive up to \$32,400 for 36 months or more of service effective Oct. 1.

Soldiers enrolled in the MGIB, and who have also been on active duty for at least two years, can elect to use part of their MGIB entitlement to cover tuition costs which exceed the Tuition Assistance cap. This add-on benefit is called "Top-Up."



Photo by Spc. Stacy Harris

## Welcome home ...

**Spc. Josh Brown gives daughter Jordyn a kiss on the cheek at the welcome home ceremony Friday for the Headquarters and Headquarters Detachment, 759th Military Police Battalion, at McKibbin Physical Fitness Center. The battalion deployed in April to Fort Myer, Va. to augment security at the Pentagon in support of Operation Noble Eagle.**



# Relationship strain doesn't end when deployments do

Commentary by Pfc. Brian Trapp  
Army News Service

**FORT BENNING, Ga.** — A deployment's strain on a relationship doesn't end when the soldiers come home.

"While on a real-world deployment, soldiers deal with stresses of the unknown, being away from their family, and there is a 'no-kidding' life and death struggle," said Lt. Col. (Dr.) John C. Chin, command psychologist, who has worked with special operations the majority of his career. "When soldiers get a sense of mortality, it wakes them up, and they realize it's their family and children who matter the most. If they maintain a solid foundation in those areas, it makes for a better life."

There are more concerns for younger marriages, Chin said. Spouses are faced with new challenges, like financial and child care concerns and become more independent and may feel contempt for the returning soldier for taking some of their independence.

During redeployment, family members typically deal with conflicting emotions. There is the excitement that the soldier is coming home. On the other

hand, there is some apprehension, according to the Department of the Army study "The Emotional Cycle of Deployment, a Military Family Perspective."

Some concerns include "Will I give up my independence? Will we get along?"

Ironically, even though the separation is almost over, there can be renewed difficulty in making decisions.

"Soldiers reconnecting with family are coming from profound emotional experiences, and the spouses also had these experiences, dealing with day-to-day issues by themselves, financial issues, taking care of the children and gaining independence, Chin said.

"Sometimes partners can't understand what the other was dealing with while they were apart," he said. "It's better to ease into the relationship — maintaining a degree of independence and not to push spontaneous reconnection. It's a new relationship. Both partners have changed from their experience."

Many spouses also have a burst of energy during this stage, according to the study. There is often a

rush to complete "to-do" lists before their mate returns — especially around the home. It is almost inevitable that expectations will be high.

Homecoming for the soldiers can be a joyous occasion, but also a frustrating one.

The date of return may change repeatedly. Despite best intentions, the spouse at home may not be able to meet the returning soldier — short notice, sitters can't be found in the middle of the night, unable to get off work, many reasons can lead to a soldier having to find his way home upon return from a deployment.

It is not realistic to return home and expect everything to be the same as before the deployment.

Post-deployment is probably the most important stage for both soldiers and spouse. Patient communication, going slow, lowering expectations and taking time to get to know each other again is critical to a successful reintegration.

"NCO and officer leadership need to know their people intimately," Chin said. "Family support groups need to reach out to the young folks, particularly the ones who don't participate, to prepare them for the stresses of deployment."

## Prepping for the board ...

1. What regulation covers "Wear and Appearance of Army Uniforms and Insignia?"
2. What is the difference between the Class B uniform with the long sleeve and the short sleeve AG 415 shirt?
3. Who is responsible for ensuring that military personnel present a neat and soldierly appearance?
4. In all cases, the bulk and length of hair should not do what?
5. What is the Army policy on the length of fingernails?
6. Are female soldiers authorized to wear cosmetics?
7. Are tattoos authorized?
8. Can the hot weather and temperate BDU uniforms be worn intermixed (i.e. hot weather top and cold weather bottom)?
9. Are enlisted soldiers required to maintain their initial clothing allowances and supplemental clothing allowances when issued?
10. Should the Battle Dress Uniform be starched?

### From the Soldier's Comprehensive Study Manual

1. AR 670-1
2. The black four-in-hand necktie (necktab) is required for wear with the long sleeve shirt; tie is optional with the short-sleeve shirt.
3. Commanders and leaders (however, it is the duty of all soldiers to take pride in their appearance at all times.)
4. Interfere with the normal wear of head-gear or protective masks.
5. Fingernails should be kept clean and neatly trimmed so as not to interfere with performance of duty, detract from the military image or present a safety hazard.
6. Yes, if applied conservatively (as determined by the commander) and in good taste.
7. While not expressly prohibited, tattooing in areas of the body (i.e. face, legs) that would cause the tattoo to be exposed while in Class A uniform is discouraged since it detracts from a soldierly appearance.
8. No.
9. Yes, IAW AR 700-84 and CTA 50-900 NOTE: All officers are required to procure and maintain the uniforms and accessories appropriate to their assigned duties.
10. No, but some pressing may be required to maintain a neat military appearance.



Pvt. Murphy  
Mark Baker

#### LETTERS TO THE EDITOR

The Mountaineer invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon request. Anonymous letters will not

be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR360-81, under which the *Mountaineer* is pub-

lished, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations.

Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

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# News

## FDA findings prompt reinstitution of anthrax vaccination

by Spc. Jon Christoffersen  
Mountaineer staff

Recently, the Food and Drug Administration approved the anthrax manufacturer's renovated facility, restoring the production of the anthrax vaccine.

The FDA has determined that the current anthrax vaccine is safe and effective in protecting against all forms of anthrax infection, a scientific conclusion recently supported by the Institute of Medicine.

In response to the finding by the FDA, the Deputy Secretary of Defense, Paul Wolfowitz, released a memorandum June 28 saying, "at this time, the (Department of Defense) will resume an Anthrax Vaccine Immunization Program consistent with the FDA guidelines and the best practice of medicine, beginning with military personnel and emergency-essential DOD civilians and contractors (who are) at higher risk (and) whose performance is essential for certain mission critical capabilities. Vaccination is mandatory for those personnel, except as provided under applicable medical and administrative exemption policies."

The scope of the Anthrax Vaccine Immunization Program will encompass personnel assigned to or deployed for more than 15 days in higher-threat areas (and) whose performance is essential for certain mission critical capabilities. Vaccinations shall begin, to the extent feasible, 45 days prior to deployment or arrival in higher threat areas, the memo continued.

The memo also covered personnel who, in the past, have already started the vaccination program, but didn't finish.

"For personnel who are covered under this new

policy, who had previously begun the six-shot series but had not completed it, resumption of their vaccination series will begin immediately. For personnel whose six-shot (series) was interrupted, but who are not covered under the new policy, completion of their vaccination series will be deferred until further notice; resumption will begin when feasible," the memo stated.

The memo also covered the importance of the anthrax vaccination because of numerous threats worldwide, and the many different regions American servicemembers are deployed to.

"Current intelligence assessments indicate that the anthrax threat to (DOD) forces is real. The department's goal is to protect all forces against anthrax as a part of the department's Force Health Protection program," the memo stated.

Although the vaccine is important to the safety and health of servicemembers and DOD civilians, other steps are being taken to keep personnel healthy.

"Steps are being taken by the department to ensure

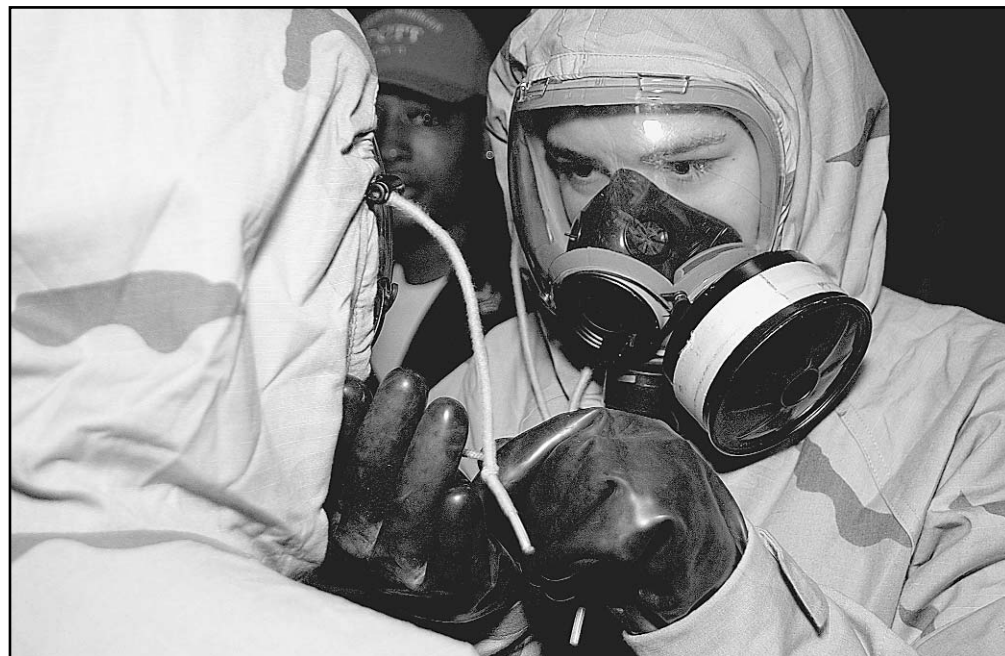


Photo courtesy of Department of Defense

**Personnelman Seaman Sara Young adjusts her protective suit during a chemical, biological, radiological drill Sept. 28. Proper use of protective gear is stressed to all soldiers, sailors, airmen and Marines.**

protection of U.S. servicemembers and DOD personnel against the threat of anthrax and other potential bioweapon agents, including improved intelligence, detection and surveillance, capabilities, protective clothing and equipment, and new generation vaccines and other medical countermeasures," the memo stated.

Individual chains of command should have information about those who are required to receive the anthrax vaccine prior to deployments or permanent change of station moves.



# eCybermission seeks Army volunteers

by Lt. Col. Mark H. Wiggins  
Army News Service

**WASHINGTON** — eCybermission, a new national Web-based math, science and technology competition for seventh- and eighth-grade students, is looking for volunteers from the Army family to help make the new program a success.

The Army launched the competition Oct. 1 to support the president's education initiative to stimulate American youth's interest in the sciences, according to Army Chief of Staff Gen. Eric K. Shinseki.



Specifically, the Army seeks "ambassadors" and "cyberguides." Ambassadors make promotional visits to local schools and youth groups to encourage participation in eCybermission. Cyberguides provide online advice to students as they complete their projects.

Shinseki said he envisions this initiative to be one way for the Army to give back to America's communities.

"It's about getting students of all capability levels interested in science, math and technology," Shinseki said. "The future success of our country depends on having a civilian and military

workforce that is skilled in these disciplines. Through the creative use of the Internet, eCybermission can become one of the premier science competitions for the nation."

In future years the competition is slated to expand to include high school-age students.

To learn more about eCybermission, visit [www.ecybermission.com](http://www.ecybermission.com), or e-mail [missioncontrol@ecybermission.com](mailto:missioncontrol@ecybermission.com). To become a program ambassador, send an e-mail to [ambassadorprogram@bah.com](mailto:ambassadorprogram@bah.com); to become a cyberguide, send your e-mail to [cyberguideprogram@bah.com](mailto:cyberguideprogram@bah.com).

**Editor's note:** Lt. Col. Mark H. Wiggins is the Army chief of staff's special assistant for strategic communications.

## Gate change

From Page 1

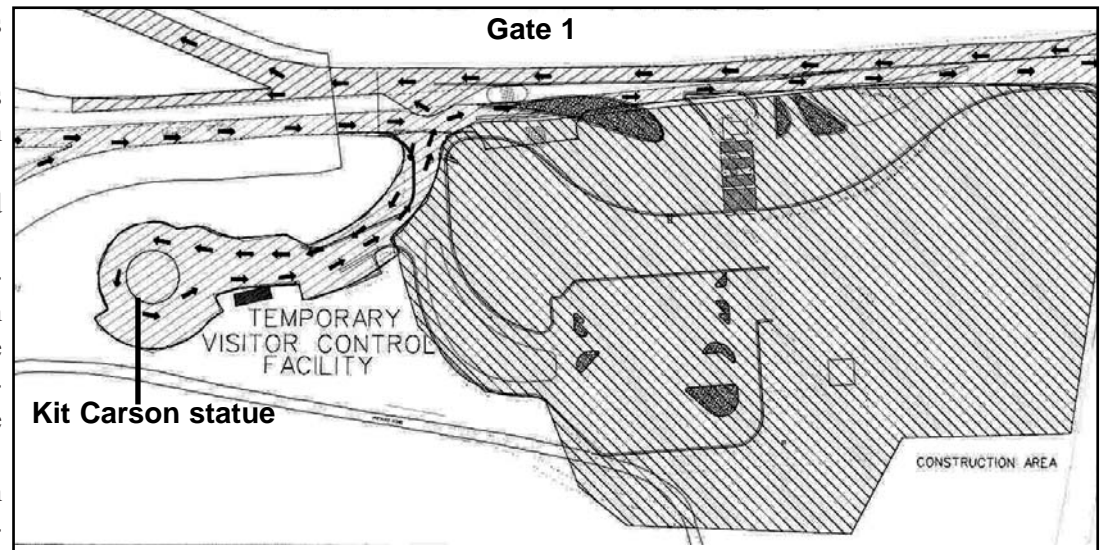
inbound lane, set under a canopy. All lanes will have traffic control devices and video cameras, to regulate and monitor traffic that passes through the gates. The first phase of this comprehensive construction project will begin with Gate 1. Construction activities at the gate will be phased so that access through Gate 1 will never be closed down. Detours around the construction will change as the work progresses.

The contract for the initial

phase of construction was awarded to Master Builders, Inc. and Rocky Mountain Materials and Asphalt. These construction contractors will improve Gate 1 first, followed by Gates 3, 4 and 2.

Please use caution when driving through the construction area, especially when there are large trucks and/or heavy earth-moving equipment working in the area.

Watch out for construction workers as they may be concentrating on their task, rather than watching out for traffic.



This illustration of Gate 1 shows the flow of eastbound traffic onto Fort Carson and the flow of westbound traffic toward Highway 115.

# Military

## Staying Army

### Committed to service: Re-enlisting soldiers in September

#### 3rd Armored Cavalry Regiment

**Command Sgt. Maj.:** Howard A. Loomis.

**Staff Sgt.:** Christopher S. Anderson, Mark A. Curtis, Frank A. Emmou, Gilbert T. Gonzales, Jeffrey G. McKinney, Jeffrey W. Smith, Curtis R. Steineke, Russell Wayne.

**Sgt.:** Andrew B. Berger, Gwendolyn D. Boydsebrell, Tony R. Bryant, Christopher L. Craig, Andre N. James, Victor M. Sanchez, Brian C. Shelton, Matt K. Webster.

**Spc.:** David E. Allende, Benjamin J. Baker, William C. Bornowski, Anthony L. Burden, Bobby J. Garcia, Hakim E. Lilly, Carl L. Miller, Kenneth H. Morris Jr., Christopher R. Randall, Aeron H. Stokes, Steven C. Vandernaalt, Christopher D. Williams.

#### 3rd Brigade Combat Team

**Sgt. 1st Class:** Harry J. Anderson Jr., John F. Vizconde, Rose M. Hays.

**Staff Sgt.:** Jeffrey R. Johnson, Daniel P. Griffe, Chad D. Howard, Jeffrey S. Thompson, Jason P. Gallegos, Robert M. Lemaire, Sterling B. Kohel, Marvin D. Jones, Gregg Gore, Jeff R. McLane, Edward G. Weig, Edwin M. Dominic.

**Sgt.:** Leslie D. Johnson, Michael S. Young Jr., Kenneth I. Finch Jr., Jeffrey J. Meyer, Chance D. Webster, Ricardo Nathan, Willie Coleman Jr., Michael J. Sabo, Shawn P. Rosensteel, Donovan J. Carter, Albert R. Zawadil, Jeremy B. Kruse, Gregorio C. Esteban Jr., Kevin A. Tillett.

**Spc.:** Thomas E. Rash, Ein D. Mack, Jesus Reyes II, Walter T. Phillips, Wesley E. Sturdivant, Christopher Zuniga, Kenneth M. Spahr, Cuauhtemco I. Ayala, Jeffrey L. Fread, Sean C. Sullivan, Ryan C. Howard.

**Pfc.:** Cynthia A. Fabiani.

#### 43rd Area Support Group

**Sgt. 1st Class:** Vincent Particini.

**Staff Sgt.:** Shirley Martinez, Walter Gibbs, Christopher Durben, Carl Croon.

**Sgt.:** Juan Canez, Yolanda Cogdell, Marvin Haylett, Mark Jessie, Jeremy Johnson, Robert Morrison, Scott Napier, Dwayne Scott, Donna Towler, Guillermo Verdugo, Jeffrey Williams.

**Spc.:** Fredrick Williams, Gilbert Smith, Sheri Montgomery, Jeremy Kandle, Isaiah Horry, David Grof, Francis Dean, David Brunet, Vassil Apostolov, Angela Amador.

**Pfc.:** Gimaans Goeman.

#### U.S. Army Garrison

**Sgt. 1st Class:** Michael F. Buehler, Leroy A. Phipps.

**Sgt.:** Jennifer Vasquez.

#### Reserves/National Guard

**Sgt.:** Joshua J. Angulo, Steve B. Wells, Raymond A. Delain, Christopher L. Thompson, Brian O. Reiten, Justin T. Skains, Christopher A. Nichols, Timothy W. Porter.



**Spc.:** Jeffrey S. Dillingham, Joseph R. Stopa, Amy Y. Gholston, Deanna M. Favier, Dominique M. Ornelas, Rick L. Dannar, Abraham Sanchez Jr., Presley R. Chiquito, Patrick E. MacKey, Jose Chavez Jr., Jeremiah H. Smith.

**Pfc.:** Gabriel M. Wright, Ella B. Dutton, Jorge L. Burgos.



# Military Briefs

**Soldiers on profiles** — In accordance with Army Regulation 600-60, all soldiers with a P3 or P4 profile in any area of their body designators — Physical Capacity, Upper extremities, Lower extremities, Hearing, Eyes or Psychiatric — are required to appear before the Military Occupation Specialty/Medical Retention Board within 60 days of the signed approved profile. The purpose of this requirement is to maintain the quality of the force by ensuring the soldiers are physically qualified to perform their Primary Military Occupational Speciality worldwide under field conditions. Soldiers with a P3 or P4 profile are non-deployable as of the date the profile is completed. P3 or P4 soldiers are authorized reassignment, training at any U.S. Army Training and Doctrine Command course or advancement course, or re-enlistment without appearance before the board. For more information, call Staff Sgt. Keith Cashion at 526-6530.

**Soldiers who converted from VEAP to MGIB** last year are reminded that it is their responsibility to individually check and ensure that they have paid the full \$2,700 within the required deadline, 18 months from the date entered on their DD Form 2366. Meeting this 18-month deadline is critical. Soldiers have no education benefits to utilize until the required \$2,700 is paid in full. Furthermore, soldiers who fail to pay the money in full by the deadline will forfeit all contributions made to that point and will not be eligible for any MGIB benefits.

Many soldiers have had problems with their local finance offices erroneously stopping the reduction in pay when it reached \$600 or \$12,009. In some cases, Finance refunded some payments to the soldiers. These are finance problems and errors and must be resolved. DFAS has sent a message out to field finance offices advising them of the needed corrective action. However, soldiers are ultimately responsible for initiating action to discover and correct and finance mistakes. Soldiers may have to make lump sum payments to ensure the full \$2,700 is paid within the 18 months. For more information, contact Bill Unger, 526-4125, or any guidance counselor at the education center.

**Welcome home** — Soldiers of the 759th Military Police Battalion returned from a security deployment in support of Operation Noble Eagle at the Pentagon. They will be welcomed home in a ceremony today. For more information, call 526-8031.

**Post Laundry Service** — The Post Laundry provides free laundry and dry cleaning service to soldiers for government owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turnaround for the service is 72 hours and no appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits,

Gortex, ruck sacks, coveralls, CVC jackets and most web equipment. Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information call, 526-8806 or 526-8804.

**Soldiers wanting to take the Automotive Service Examinations** in November should have already registered for the tests. Three funded exams are available for servicemembers who have a Military Occupational Specialty in the following automotive/mechanical service specialties: 52B, 52C, 52D, 61C, 62B, 63B-N, 63B-H, 63B-S, 63B-T, 63B-W and 63B-Y.

Funded exams are available for anyone who previously held the MOS/RATE/AFSC (such as warrant officers) or are currently enrolled in an associate degree program in automotive technology. For information, contact guidance counselors in building 1117, room 160B, or call the Testing Section, 526-8072.

**Fort Carson Ammunition and Explosives amnesty turn-in** — When military A & E is found outside the boundaries of Fort Carson military areas, notify the local civilian authorities or the military police, 526-2333. Abandoned military A & E, excluding small arms ammunition up to and including .50 caliber, will not be moved by untrained personnel. If A & E are found, notify the Fort Carson 764th Explosive Ordnance Company, 526-2643.

Abandoned A & E found on post may be turned in at the Ammunition Reclamation Area, located on Butts Road, one mile south of the airfield. The hours are Mondays through Fridays from 7:30 a.m. to 3:30 p.m. For more information, contact the Ammunition Supply Point, 526-4381, or the Quality Assurance Office, 526-1795 or 526-1892.

**Command General Staff College** — Majors and captains (promotable), your ticket to early promotion, Command General Staff College, can be taken on post, one night per week. This “non-resident” course is for active duty and reservists, and is an alternate to the resident course or the correspondence course. The non-resident course offers a structured learning environment, branch diversity, instructor support and fewer papers than the correspondence option. Contact Lt. Col. Matt Kortrey, 390-2164, or Maj. Greg Korpkowski, (719) 668-8530, for information or to enroll. Classes start in October.

**Procedure for replacing lost or stolen Identification Cards** — Effective immediately, all soldiers assigned or attached to Fort Carson who have had an ID Card or Common Access Card lost or stolen will be required to present a memorandum signed by their commander when requesting a replacement card. Local policy requires all active duty soldiers, reservists, retirees, family members and Fort Carson civilian employees who lose their ID or Common Access Card to present a form of identification before a replacement card can be issued. The following forms of ID are acceptable: valid driver’s license with photo, state ID with photo, birth certificate with seal or photocopy of birth certificate that reflects the state file number. If no form of ID is available, the soldier must be accompanied by a senior noncommissioned officer (Sgt. 1st Class or above) or a commissioned officer.

## Hours of operation

**The 3rd Cavalry Museum** will be open to the public from 9 a.m. to 4:30 p.m. Mondays through Fridays. The museum will be closed federal holidays, except Memorial and Veterans days. Group tours and individual visits from civilians without a valid government identification card can be arranged by contacting the museum, 526-1404 or 526-2028, within 24 hours of the planned visit. The museum staff apologizes for any inconveniences the schedule may create.

**The Information, Tickets and Registration** office has moved — ITR is now located in the Outdoor Recreation Complex, building 2429 on Specker Avenue. The staffs of the ITR Office and the ORC Information

Desk are being combined in an effort to better serve customers. Hours of operation are Tuesdays through Saturdays, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Mondays through Fridays from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their “travelopes” and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an E-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an E-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

**Central Issue Facility** hours of operation are: Regular business hours: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays 7:30 to 10:30 a.m. Initial Issue/Partial Issue/DX: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays: 7:30 to 10:30 a.m. Partial Turn-Ins: Mondays, Tuesdays, Wednesdays and Fridays from 11:30 a.m. to 3 p.m. All Full Turn-Ins require an appointment. Please call 524-2006 or 526-2729 to schedule an appointment. For questions, call Stacey Sly at 526-5512.

## Briefings

**Special Forces briefings** — Special Forces recruiting briefings are held Wednesdays at 1:30 p.m. at Thursdays at 1:30 p.m. and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a GT score of 100 or higher and who are U.S. citizens.

**ETS/Transition briefing schedule** — In order for soldiers to receive their ETS orders, soldiers must attend an ETS briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. For more information, call the Transition Center at 526-2240 or 526-4298.

**Pest control training** — Pest Management Regulation, AR 200-5, requires only certified applicators apply pesticides on military installations. The Directorate of Environmental Compliance and Management has a program that provides military personnel the necessary training and herbicide. Each unit is allowed a maximum of five people for training unless approved through the unit commander to DECAM. Training sessions are scheduled for the first and third Tuesday of every month from 10 to 11 a.m. at building 3711 until all units have received the training.

**The Commanding General’s Newcomers’ Brief** is the third Wednesday of each month at 1 p.m. at McMahon Theater.

The following are dates for upcoming briefings: Wednesday Nov. 20 and Dec. 18.


## Miscellaneous

**Monthly siren test** — To ensure Fort Carson sirens remain operational, a monthly test will be conducted at noon on the last Friday of each month. The test will sound six seconds on, six seconds off, for a duration of five minutes. The “all clear” will be indicated by a continuous three-minute siren.

**The Air Defense Artillery Association** at Fort Bliss, Texas, carries hatbands, spurs, straps and the like. They also sell unit coins.

For more information, call (915) 564-4331 or visit their website at [www.FirstToFire.com](http://www.FirstToFire.com).

**Editor’s note:** The deadline for submitting “briefs” to the Mountaineer is 5 p.m. Friday before publication.



**Better Opportunities for Single Soldiers**

**BOSS Executive Council** meets the first Wednesday of each month at 10 a.m. at the Post Physical Fitness Center, building 1829. The post BOSS meeting, for BOSS representatives, meets the second Thursday of each month at Christopher’s from 1 to 3 p.m. For information, call 524-BOSS.

*Commitment to excellence*

# Carson soldier receives Bronze Order of Mercury

by Spc. Stacy Harris  
Mountaineer staff

One soldier from Fort Carson's G6 section has made a significant contribution to the Signal Corps Regimental Association and was recognized in a ceremony Oct. 3.

Lt. Col. Joyce M. Schossau, assistant chief of staff, G6, received the Bronze Order of Mercury medal, which recognizes people who have demonstrated the highest standards of integrity, moral character, professional competence and selflessness, and have contributed significantly to the promotion of the Signal Corps and the Signal Regimental Association.

The Order of Mercury is a two-level award, silver and bronze, and is awarded to association members in good standing.

Schossau was given the award by Air

Force Maj. Gen. Robert Bishop, deputy commander in chief for U.S. Southern Command, Miami.

"I think this is the perfect way for me to come and recognize Joyce," Bishop said. Bishop nominated Schossau for the job she did for him while working for him.

"I guess there would be two things I could say about Col. Schossau," he said. "I've never met anyone that tried as hard to make sure all the T's were crossed and the I's were dotted. Col. Schossau runs a tough ship, and

you know where you stand."

Schossau is a lifetime member of the Signal Corps and said she thought

received the medal because of the contribution she has given to the U.S. Army as a signal officer.

When Bishop inquired about the award, Schossau said she was honored to be nominated by him.

"It was a special touch because Gen. Bishop is an Air Force two star," she said.

"For him to recognize what I have done ... it is truly an

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***"I tell my people to have fun in what they do. If we don't enjoy what we do, it's not worth coming in to work every day."***

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**Lt. Col. Joyce M. Schossau,**  
Assistant chief of staff, G6

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honor."

Schossau said her motivation came from the soldiers and leaders she admired.

"It was a combination of who I worked for and who worked for me that inspired me," she said.

With Schossau's recent permanent change of station here, she said her goals are to make the job more enjoyable, keep soldiers current on updated technologies and always stay proficient with their jobs.

"My expectations of my people are to do the best they possibly can for our country and the 7th Infantry Division mission.

To give 110 percent — give their all; that's all I can ask of them," she said. "I tell my people to have fun in what they do. If we don't enjoy what we do, it's not worth coming in to work every day."

# Credit repair: How to fix errors in your credit report

by Capt. Roger J. Ivey  
Legal Assistance Attorney

Does your credit report say bad things about you? Does it say you pay your bills late, or that you don't bother to pay them at all, or have had court judgments against you? If so, you are not alone. However, if this information is untrue, you do have legal rights and remedies that can be an effective tool to remove mistaken or erroneous information from your credit file.

Many people have negative credit information recorded in their credit files due to no fault of their own. This information is maintained by the three major national credit reporting agencies Equifax, Experian and Trans Union. Most people realize this for the first time when they try to buy a car, rent an apartment or get a loan, only to discover their credit file lists unpaid charges for shopping sprees they never took and Hawaiian vacations enjoyed on their behalf while they were in the field. There are many different types of credit errors, which may include charges never made or for the wrong amount, bills for goods or services never received or accepted, and missing credits for payments made to an account.

Because companies use your credit information to decide whether or not to do business with you or employ you, it is critical to keep false information off of your credit report. Of course, prevention is always the best cure, and you should safeguard your financial information and resolve dis-

putes with creditors early (before they are reported on your credit). Nonetheless, there is always the chance that mistaken items will appear in your credit file, and there are specific steps you can take to remedy them.

While there is no such thing as fixing legitimately bad credit, the Federal Fair Credit Billing Act and Fair Credit Reporting Act do provide rights and protections for consumers regarding their credit files. To start, if you are ever denied credit or employment because of negative credit report information, the company must give you the name, address and telephone number of the CRA that gave them the information. If you contact the CRA within 60 days, they must send you a free copy of the report.

If you find errors on your credit report, contact both the company that sent the information to the CRA and the CRA in writing as soon as possible (You may have to do this for all three CRAs). Entities that provide credit information and the CRAs are all required to ensure that your file is accurate. At your request the CRA must conduct an investigation within 30 days to determine if the information should be removed from your file. You should assist the CRA investigate by providing any helpful documentation or information you have concerning the disputed item. If you believe someone has fraudulently used your credit, make that clear in your communication and ask the CRA to "flag" your account for fraud. Then you will



Courtesy graphic

**Do you have bad credit because of your credit card? Find out by obtaining a credit report from one of the three major national credit reporting agencies: Equifax, Experian or Trans Union.**

be notified any time there is activity on your account, and your permission obtained before any credit line will be opened in your name.

If the CRA does not complete its investigation within 30 days, the disputed information must be removed from your credit file. If the investigation is completed and it is determined the negative information should stay on your file, you still have the right to add a short statement to your credit report (up to 100 words) to explain why the item is incorrect. In any case, you will be notified in writing of the CRAs decision and sent a new copy of your credit report.

All three CRAs have Web sites detailing your rights and the procedures you must use to address credit

report errors ([www.equifax.com](http://www.equifax.com) / [www.experian.com](http://www.experian.com) / [www.transunion.com](http://www.transunion.com)). Additionally, you can visit the Fort Carson Legal Assistance Office where you can speak with an attorney and obtain specific contact information, guidance, and sample letters concerning all types of consumer credit issues.

You may contact the Fort Carson Legal Assistance Division at 526-5572. The Legal Assistance Division schedules appointments for the following week on the preceding Friday. Appointments are made for Monday and Friday mornings, as well as Wednesdays. Walk-in consultations are available on a first-come, first-served basis on Monday and Friday afternoons, beginning at 1 p.m.



# Dining Schedule

## Weekday Dining Facilities

### A La Carte Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd ACR CAV House (building 2461)  
3rd ACR Butts Army Airfield (building 9612)

### Standard Facilities

10th Special Forces Group (A) (building 7481)

### Weekday Meal Hours

<b>Mon., Tues., Wed. and Fri.</b>	<b>Thur.</b>
Breakfast 7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch 11:30 a.m. to 1 p.m.	noon to 1:30 p.m.
Dinner 5 to 6:30 p.m.	4 to 5:30 p.m.

## **Week of Oct. 12 to Oct. 18**

### **Exceptions**

- Butts Army Airfield Dining Facility serves no dinner meals.
- Cheyenne Mountain Inn breakfast hours are 7 to 9 a.m. on Mondays, Tuesdays, Wednesdays and Fridays.
- 10th SFG (A) meal hours are the same Monday through Friday. It serves no dinner meal on Fridays.
- 3rd BCT Iron Bde. is closed until further notice.

## Saturday, Sunday and Training Holiday Dining Facilities

3rd ACR CAV House (building 2461)

## Saturday, Sunday and Training Holiday Meal Hours

Brunch	9 a.m. to 1 p.m.
Supper	3 to 5 p.m.

*Family members are cordially invited to dine at  
the Fort Carson dining facilities.*

## Greenback

Confused about your enlistment bonus?

# Clarifications on how annual bonuses should be paid



Jang

by Capt. Ho Jang  
4th Finance Battalion

This article provides clarification of the Army enlistment program in regards to selective enlistment bonuses and how annual installments, if due, are to be paid. It clarifies guidance put out in an AIG message dated May 2, 2001, Subject: Change in Enlistment Bonuses.

That message stated that effective June 1, 2001, an initial lump sum of up to \$7,000 would be paid upon completion of Advanced Individual Training and award of the military occupational skill. Any remainder would be paid in three equal annual payments, regardless of whether contract was for four, five or six-year term. A chart was provided to indicate the annual installment payment.

Effective Sept. 1, 2002, this message is revised as follows, based on guidance received from Personnel Command:

1. Selective Enlistment Bonuses will be paid in a lump sum up to \$7,000, regardless of term of contract.

2. Any remainder will be paid in equal annual installments, based on length of contract. This

means that a two-year contract will receive one installment, a three-year contract will receive two, a four-year contract will receive three, a five-year contract will receive four and a six-year contract will receive five annual installments.

3. The initial payment of any SEB will still be made at the first permanent duty station assigned to after graduation from AIT. Annual installments will be issued on the anniversary date of the initial lump sum payment.

4. Currently, SEBs for two and three-year contracts are capped at \$6,000. There are exceptions to the cap (please read current MilPer message to obtain most current rates).

5. Effective Jan. 4, 2002, a new enlistment option for Special Forces was authorized. The MOS will be 18X, with a minimum obligation of five years of service. The levels for this MOS will line up as follows:

TERM	SEB AMOUNT
Five year	\$13,000

Six year     \$16,000

6. We still have members entitled to quarterly installments instead of annual installments. All contracts signed prior to June 1, 2001, are entitled to quarterly installments. Contracts signed on or after June 1, 2001, receive annual installments.

### Safety stand down day

The 4th Finance Battalion will have a Safety Stand Down Day Nov. 5. All finance services will

be closed with the exception of the In and Out Processing Detachment, which will remain open to assist soldiers arriving or departing Fort Carson. All of finance will reopen the next day, but will be closed Nov. 7 for the usual Sergeant's Time training. The following four days will be the Veterans Day weekend so please arrange to have

any finance issues settled before Nov. 5. Please contact your servicing finance detachment if you have questions.





# Pikes Peak study may help troops in Afghanistan

by Karen Fleming-Michael  
Army News Service

**FORT DETRICK, Md.** — Scaling new heights in science takes on a whole new meaning for U.S. Army scientists who travel to Colorado and test how environmental factors, such as cold and altitude, affect soldiers' performance.

At the 14,110-foot summit of Pikes Peak, in the John Maher Memorial Laboratory, a team from the U.S. Army Research Institute of Environmental Medicine annually conducts studies with volunteers in July and August. This summer's study focused on whether an antioxidant supplement can reduce "mountain sickness" in places like Afghanistan and whether carbohydrate supplements can improve soldiers' performance at high altitudes.

"In general, the better we understand how a soldier responds to a particular environment, with respect to both physical performance and susceptibility to illness, the better we can prepare him for that environment," said Dr. Allen Cymerman, one of the Natick, Mass., researchers who recently returned from a six-week stay in the mountains near Colorado Springs.

With data in hand, USARIEM researchers return to their home laboratory, interpret the results and then disseminate them through published biomedical journals, technical reports and information papers, all of which ultimately impact Army doctrine.

Army leaders are quick to turn to USARIEM's 35 years of research for answers, Sgt. Dave DeGroot of USARIEM added. When the United States entered Afghanistan last fall, the 18th Airborne Corps' surgeon tapped USARIEM's Doctors Cymerman, Stephen Muza and Charles Fulco to provide information papers on what troops should expect in the cold mountains of the region.

Quickly inserting troops at high altitudes causes a "cascade of physiological responses" that can lead to conditions like acute mountain sickness, high-altitude pulmonary edema and high-altitude cerebral edema, according to a technical note authored by USARIEM's Cymerman and Col. Paul Rock. Titled "Medical Problems for High Mountain Environments: A Handbook for Medical Officers," the publication compiled information on preventing, diagnosing and treating altitude-related conditions, subjects that are seldom taught during formal medical training.

In a collaborative study conducted this spring



Photos courtesy of Army News Service

**In the John Maher Memorial Laboratory, located at the 14,110-foot summit of Pikes Peak, a subject prepares to have his maximal oxygen consumption measured as part of two weeks of Army research conducted annually on the mountain.**

and summer with scientists from the Palo Alto Veterans Affairs Medical Center, researchers conducted baseline, sea-level tests on 18 men from the Palo Alto, Calif., area in March and April. In July, the subjects traveled to the summit for two weeks to burn 1,500 calories a day more than they consumed to test the effect of antioxidant supplements and carbohydrate drinks on physical and mental performance at altitude.

"The theory is that oxidative stress may contribute to the development of acute mountain sickness, but an antioxidant supplement with vitamins A, C and E, plus selenium and zinc may improve how someone feels and adapts to altitude," Cymerman said. "The carbohydrate drink study tested the hypothesis that carbohydrate supplementation during

an exercise test at altitude will improve physical performance."

Studies like this add to USARIEM's body of knowledge but also show the impact of collaborative partnerships offer the Army and the civilian sector. This year marks the third and final year of a series of joint studies between USARIEM and the Palo Alto Veterans Affairs Medical Center.

"While the investigators at USARIEM are rightly considered experts in altitude physiology and medicine, we lack expertise in the area of oxidative stress," Cymerman said. "By collaborating with a university or other government organization with specific expertise, an otherwise good study becomes an excellent study. Sure, we could have performed the oxidative stress experiments, but the collaborative effort significantly improved the quality of the research."

Keeping the subjects at a negative caloric balance meant exercising continually, DeGroot said. The group, including researchers, embarked on hikes in the Rocky Mountains, where they encountered cool temperatures, 40 mile per hour winds and fast-developing thunderstorms. Additionally, a 16- by 32-foot tent was erected to house treadmills, exercise bikes and weight training equipment to keep the 18 volunteers moving. The volunteers were tested on everything from their breathing, to their physical and mental performance, to their food intake.

Despite the rigorous tests and workouts, the volunteers did not have to rough it in the mountains. The Maher Lab, a mid-1960s construction named for a former director of USARIEM's Altitude Research Division, boasts one large and two small labs, two bunk rooms for subjects and researchers, a kitchen and dining area as well as bathrooms and laundry facility.

Researchers descended Pikes Peak pleased with the preliminary information they gathered for warfighters.

**Editor's note:** Karen Fleming-Michael is a staff member of the Fort Detrick Standard newspaper. The U.S. Army Institute of Environmental Medicine is a subordinate unit of the U.S. Army Medical Research and Materiel Command, located at Fort Detrick.



**Atop the summit of Pikes Peak, two subjects on exercise equipment burn 1,500 calories a day more than they consume to test the effect of antioxidant supplements and carbohydrate drinks at high altitude.**

# Community

## Vehicle emissions survey shows increase in compliance

**by the Directorate of Environmental Compliance and Management**

In July, Fort Carson conducted its annual limited visual vehicle emissions test survey, which meets compliance with the state regulation.

This survey involved a basic vehicle count and compliance assessment of incoming traffic at five entrance gates to Fort Carson, as well as of parked vehicles at several housing area parking lots.

About 95 percent of in-state registered vehicles and 67 percent of the out-of-state registered vehicles surveyed through the gates appeared to be in compliance with the Colorado Automobile Inspection and Readjustment Program (i.e., the vehicle had a current emissions test). For out-of-state registered vehicles, this represents a significant increase in compliance compared to the 2000 and 2001 surveys, in which about 25 percent and 43 percent, respectively, were not considered to be in compliance.

The increase in compliance with the AIR Program is assumed to be a result of Fort Carson's strict policy requiring proof of compliance with the AIR Program prior to issuance of a vehicle access decal, as well as increased awareness as a result of environmental training.

Out-of-state registered vehicles surveyed in the housing areas appeared to have a lower percentage of compliance compared to those surveyed at the gates. This may be due to the way housing area surveys were conducted by relying on observation of an AIR Program windshield sticker issued prior to July 2001 as opposed to surveying the vehicle operator.

Although the windshield sticker as proof of a passing vehicle emission test has been eliminated by Colorado, compliance with vehicle emissions testing is still required for vehicles registered or operated in the AIR Program area, which includes the portion of El Paso County that Fort Carson lies within. Exempt vehi-

cles include motorcycles and three-wheeled vehicles; electric vehicles; vehicles registered as street rods, farm tractor, maintenance, construction or similar equipment registered as off-road vehicles; vehicles registered as collector series; and tactical vehicles. Proof of compliance is the emissions test paperwork that should be kept in the car. Additionally, in-state vehicles that have a valid registration also have a valid emissions test.

In compliance with the Colorado regulation for El Paso County, Fort Carson's policy is that personnel assigned on post for more than 60 days out of a year are required to have their personal vehicles tested, regardless of where the car is registered. Failure to comply with this requirement can result in a traffic summons and/or a fine issued by the military police.

If you have any questions about the 2002 Fort Carson vehicle emission survey, call Sally Atkins, the Directorate of Environmental Compliance and Management Air Program Manager, at 526-6601.

## Carbon monoxide poisoning — colorless, odorless silent killer

**by Spc. Tewanda Palmer  
Evans Army Community Hospital**

As cooler weather approaches and families fire up their furnaces, the risk of carbon monoxide poisoning increases. Carbon monoxide is a colorless, odorless, tasteless and flammable toxic gas produced when certain fuels burn without enough oxygen. Carbon monoxide causes more than half of the poison deaths in the United States.

Carbon monoxide can escape from any fuel-burning appliance, furnace, water heater, fireplace, wood stove or space heater. Because many new homes are built very airtight, the furnace may

not get enough oxygen to burn correctly, thus producing carbon monoxide. Tight closing replacement windows and doors, as well as additional insulation, may cause similar problems in older homes. A cracked furnace heat exchanger, a malfunctioning furnace or water heater, using a grill indoors (especially charcoal), or a blocked chimney can create carbon monoxide contamination. Another potential source of carbon monoxide is warming up vehicles in an attached garage. Even with the garage door open, concentrated amounts of carbon monoxide may enter your home through the door or nearby windows.

Carbon monoxide affects the blood's ability to carry oxygen to body tissues. Carbon monoxide starves the tissue of oxygen and can cause various amounts of damage, depending on exposure. Low levels of carbon monoxide poison results in flu-like symptoms or shortness of breath on mild exertion, mild headaches or nausea. With higher levels of exposure, the symptoms may be more severe — dizziness, mental confusion, severe headaches, nausea or fainting on mild exertion. High levels of carbon monoxide may lead to unconsciousness and death.

Carbon monoxide detectors may identify dangerous levels of carbon

monoxide. Follow the manufacturers' recommendation for installation and use. At the beginning of the heating season, check the ventilation system. Watch the flame color of your appliances. An orange flame may indicate a problem.

Carbon monoxide poisoning is entirely preventable. With knowledge, proper installation of equipment and regular inspections of heating sources in the home, every Fort Carson community member can spend the winter warm, cozy and carbon monoxide free.

If you have any questions or concern, call Evans Army Community Hospital, Environmental Health at 526-2939.



# Community Events

## Happening soon:

**The Fort Carson Fire Department** — The Fire Department will be having a bake sale in at the post exchange Oct. 17 from 10:30 a.m. to 2 p.m.

**Equal Employment Opportunity training** — The Fort Carson EEO office will host the "Managing Aging and Health Impairments Expo" Oct. 30 from 1 to 3 p.m. at the Elkhorn Conference Center in the Colorado Room.

Entertainment, exhibits refreshments and videos will be available. The event is free and open to the public. Registration is not required, but those who do register will be eligible for a door prize. For more information, call the EEO office at 526-4413.

**TRICARE update briefing** — A TRICARE update briefing, for all eligible active duty service-members and their families and survivors, is scheduled for Oct. 30 at Evans Army Community Hospital in Cochrane Hall from 1 to 2:30 p.m. For more information, call Al Mitten at 526-7626 or Linda Hood at 266-7012.

**ACAP Open House** — The ACAP Career Center presents its 17th annual open house Nov. 1 from 8 a.m. to 3 p.m. in building 1118, room 133. For information, call 526-1002/0640.

**Records Management Class** — The next Records Management Class will be held Nov. 6 from 9 a.m. to 4 p.m. in building 1550, classroom A, for all units and activities. This course will include handouts and a film on the Privacy Act, the Modern Army Recordkeeping System, Army Correspondence and Froms Management.

**Influenza season is approaching** — The Preventive Medicine Department and Evans Army Community Hospital are gearing up for our annual Flu Shot Clinic. As in the past, the vaccine will be received the vaccine in partial deliveries, the first doses being administered to active duty and high-risk beneficiaries. The Flu Clinic is anticipated to begin mid-October. Please contact the "Flu Shot Hotline" at 526-6422 for information on dates, times, locations and clarification of who is considered high-risk. This hotline is updated weekly or more often as needed.

**Veterans Day parade** — A parade to honor ex-prisoners of war and those missing in action will be held Nov. 9 at 9:30 a.m. The grand marshals of the parade will be Mario Manfredini, representing veterans of World War II, John Tagert, representing the Korean War, and John (Mike) McGrath, representing the Vietnam War. All three grand marshals are ex-prisoners of war. The theme will be "Honoring Ex-Prisoners of War and Missing in Action." However, all veterans are encouraged to participate and will be honored. For more information, contact Diana D. Ceciliani Executive Director Colorado Springs Veterans Day Parade, Inc. at 282-1648 or [vaparade@aol.com](mailto:vaparade@aol.com).

## Fort Carson

**Commissary hours** — The Fort Carson commissary will be open from 9 a.m. to 3 p.m. on Columbus Day Oct. 14. Normal hours will resume Oct. 15.

**Family Skate Night** is once again at the Post Physical Fitness Center.

**A new exhibit is open at the Third Cavalry Museum**, building 2160 on Barkeley Avenue. The exhibit opened to the public and will remain open at the museum until February 2003. "To the colors: A celebration of Army heraldry and national pride 1848-2002" is intended to commemorate Patriot Day and remember the terrible tragedy which occurred over a year ago.

The museum will also sponsor a drop-off point for visitors to deposit their unserviceable U.S. flags. For more information, call 526-0269.

**Rise above the fall** — The leaves may fall but don't let your fitness program fall away when the cold weather hits. In the sunny warm weather most of us have lots of healthy strenuous activities to keep us physically fit. Come inside and keep up the activity

level. Join the Mountain Post Wellness Program and get a complete exercise program. This program includes initial assessment to identify health risks and to provide a baseline that will show improvement and the rewards of a complete and individualized program. The program tailors a complete fitness plan for you to include aerobic, strength and flexibility. The staff will show you how to use the equipment and you will receive education classes to provide inclusive wellness information. Come inside and keep your fitness program fresh through the cold season. The Mountain Post Wellness Center is located in building 1526 next to the commissary. Call us at 526-3887 for more information.

**Fort Carson Child and Youth Services** is now offering instructional classes in Tae kwon do, gymnastics, ballet and Yoga. The classes will be held at building 1510, Harr Avenue, in the Mini Mall. These classes are being offered to children who are enrolled in our full-day programs at our east and west center, school age services and youth center. For those children already in our program, transportation will be provided to and from classes. Children whose parents are ID card holders, may register at building 5510, Beacon Elementary School. The cost to register is \$15 a year for one person or \$35 a year for a whole family plus, the instructional fee.

For more information, call Shirley Patterson at 524-2896 or center registration at 526-1100.

**Tobacco Cessation** — In 1984, more Americans lost their lives to cigarettes than died in all of World War II. You work too hard and matter too much to too many people to let your life be adversely affected by cigarettes and smokeless tobacco. Consider a tobacco-free life. If you feel like you've tried everything but are still using tobacco, you are not alone. Be encouraged. The more times a person attempts to quit the more likely he/she will successfully quit for good. The Mountain Post Wellness Center offers a four-week personalized and comprehensive program to assist you.

The tobacco cessation program is open to all active duty, family members, retirees and Department of Defense civilians and is free of charge. For more information and to sign up, call the Mountain Post Wellness Center at 526-3887.

**The Fort Carson Officers' Spouses' Charitable Association** is looking for new members. The organization is looking for people who have ideas, like to volunteer and want to meet new people.

ESCO is a nonprofit, charitable organization that donates time and money to the community. For example, once a month, ESCO goes to Broadmoor Courts and hosts a bingo game for the residents. If you would like more information about ESCO, contact Erica Burton at 527-9607.

**Job openings at Fort Carson chapels** —

**Soldiers' Memorial Chapel**

Catholic parish priest

Catholic parish deacon

Choir director/cantor for 5 p.m. Saturday Catholic service  
Choir director/cantor for 9:30 a.m. Catholic service  
Organist/pianist for 9:30 a.m. Catholic service  
Organist/pianist for 11 a.m. Protestant service  
Choir director for 11 a.m. Protestant service

**Provider Chapel**

Musician/cantor for 12:15 p.m. Catholic service  
Pianist/organist for 9 a.m. Protestant service  
Pianist/organist for 5 p.m.

Saturday Catholic service

Choir director for 9 a.m. Protestant service

Pianist/organist for 10:45 a.m. Liturgical

**Prussman Chapel**

Musician/cantor for 8 a.m. Catholic service

Pianist/organist for 11 a.m. Gospel service

Choir director for 11 a.m. Gospel service

**Veterans' Chapel**

Pianist/organist for 9:30 a.m. Protestant service

**Family Life Center**

Youth minister

Clinical supervisor

If you are interested in any of these positions, call Jean Gatta at 526-6600, located in the Directorate of Contracting, 1850 Mekong, building 6222.

## Around town

**The Pikes Peak Chapter of the American Red Cross** offers many training courses throughout the Colorado Springs Community. Courses offered on military installations require a government ID card to enter the installation. For a list of current dates and times of classes being offered, call 526-2311. Registration can be done over the phone or in person at the main office, building 1526, in the Family Readiness Center.

The American Red Cross has many health and safety classes available including Guard Start, Adult, Child and Infant Cardiopulmonary Resuscitation, Pet First Aid and CPR and a free layette program. For more information about the classes, contact Theresa Piscal at 524-1279.

**Free online courses for federal employees** — Federal workers can take free online courses on about 30 subjects ranging from project management to coping with stress through a government-sponsored Web site [www.golearn.gov](http://www.golearn.gov). Federal employees can take the courses, which require between two to eight hours to complete, at no charge to themselves or their agencies. While the site will offer a limited number of free courses, Office of Personnel Management and the transportation center will start charging agencies for additional courses and services later this year.

**New groups** — There are two new groups being offered at Social Work Services.

The first group is for junior high age youths whose parents are deployed or scheduled to be deployed. The group will be offered at the Evans Army Community Hospital at Social Work Service, Fridays at 3 p.m.

The second group is an eight-week therapy group for children who have been exposed to physical, sexual and/or emotional violence. Targeted ages are 8 through 12, male and female. This will also be held at EACH, an exact start date has not been determined, but it will be held on Mondays from 3 to 4 p.m.

## Annual Leave Donations

**Leave donations needed** — Paul Damon, Directorate of Community Activities, needs leave donations due to a serious injury. Judy Cole of the G-3 is in need of annual leave donations. Cole has exhausted her paid leave due to a serious illness and will need to take about 60 days off for treatment and recovery. Point of contact is Kay Poland at 524-2005.

Efren Ramirez of Directorate of Plans, Training and Management is in need of annual leave donations. Ramirez has exhausted his paid leave due to a serious illness and will need to take approximately 60 days off for treatment and recovery. The point of contact is Bekky Shaw at 526-0901.



**Army Community Service**  
**Family Readiness Center**  
526-4590



**Army Family Action Plan**

**WANTED YOUR IDEAS!**

The Fort Carson annual Army Family Action Plan Conference happens Nov. 5 and 6 AFAP provides the Fort Carson Community with the opportunity to voice their concerns on quality of life issues. Some issues at the conference can be resolved locally.

Fort Carson has a Steering Committee chaired by the Garrison commander, it meets once per quarter to determine changes and status of local issues. Those issues requiring changes to policy or regulation are forwarded to FORSCOM for their annual conference (Fort Carson sends delegates to this conference).

Issues not resolved at the FORSCOM level are forwarded to the DA for it's annual conference. Delegations from both FORSCOM and Fort Carson are sent to this conference; all issues are prioritized and reviewed by the General Officers Steering Committee.

If you would like to get involved, call Nancy Montville at 526-4590.

**"Take Part, Make a Difference"**

## Chaplain's Corner

# Much can be accomplished when we work together

Commentary by

Chap. (Maj.) Pete Martinez  
10th Special Forces Group

The Creator speaks to us in many ways, through the Word and Holy Spirit or through our conscience. Many times, it is simply through creation. One of the ways this is so is in the yearly pageant of the fall season. If one takes time to look up into the sky during this time of year we see large formations of Canada geese on their way to points south for the winter. Their distinctive honking and "V" formation adds to the ambience of the season of magnificent colors and crisp air.

As in all things in life, God's creation operates in a certain way for a reason. The "V" formation the geese fly in makes the group more aerodynamic. The group can cover more miles in a faster amount of time. A closer look at the group dynamics reveals some even more fascinating facts: they take turns "flying point." When the lead bird gets tired another fresh bird will take its place. But there's more; if a bird is sick or injured, two others will stay with it until its health is restored and they return to the main formation. Only if they are convinced the ailing goose is dead do they catch up to the main body.

This lesson from nature in-group dynamics illustrates what can be accomplished when all members of a community pull together.

In a way, the Fort Carson community is on a journey. The journey is life; the elements of this journey are



### Let's Work Together!

mission accomplishments and individual and family care. It takes a cohesive community to accomplish this. Sometimes, we have to reach out side of our comfort zone when we need help, and when we need to help someone. We cannot go it alone.

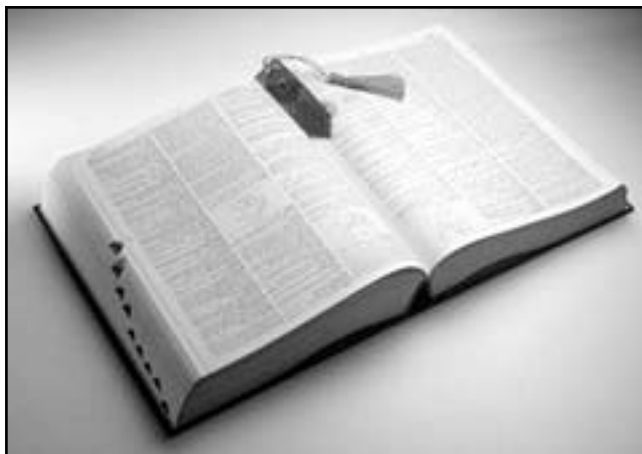
## Chapel

**Youth of the chapel** — Activities for Protestant and Catholic Middle School and High School Youths take place each Tuesday evenings at 6 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible studies Sundays at 9:30 a.m. and Tuesdays at 6 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 a.m. on Sundays at Soldiers' Memorial Chapel.

### Protestant Sunday School 2002

— Soldiers' Memorial Chapel is sponsoring a new Sunday adventure each week at 9:30 a.m. Children will enter the fun world of firelight crafts, activities, drama and building new relationships, while experiencing the world of the Bible. Children must be at least 4 years old to register. Registration is ongoing Sunday mornings at Soldiers' Memorial Chapel, building 1500. Volunteer positions are available. For information, contact Dennis Scheck, 526-5626.





### Chapel

**Hallelujah Fun Night** — The Fort Carson Chapels and Protestant Women of the Chapel are planning a Hallelujah Fun Night Oct. 31 at 6 p.m. at Soldiers' Memorial Chapel as a safe and fun alternative to other Halloween activities. The event begins with pizza at 6 p.m. followed by singing, games, prizes and candy. The evening will conclude at 8 p.m. Costumes are welcome, but please use good judgment when selecting a costume for this chapel event. The event is free so plan to attend.

Volunteers are needed to make the Hallelujah Fun Night a success. If you are interested in helping setup, serving pizza, running games or cleaning up, contact PWOC representative Sheila Schlect-Barry at 382-0751 or Chap. (Maj.) Duane Kincaid at 526-8011. In addition, candy donation boxes are located at each chapel, and we encourage you to donate your favorite candy treats.

**Native American Sweatlodge ceremonies** (He Ska Akicita Inipi) — are offered to military personnel, family members and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for ceremonial information and directions: Michael Dunning, 382-5331 or 330-953, or Zoe Goodblanket at 442-0929.

## Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-5769
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers'	Nelson & Martinez	Catholic DRE/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Simmons/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Satterfield/526-6368
Sunday	9:30 a.m.	Protestant	Veterans'	Magrath & Titus	Chap. Fox/526-4416
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Lee/526-4469
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Lee/526-4469
Sunday	6:30 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166
LITURGICAL PROTESTANT					
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
Monday	6 p.m.		Soldiers'	Nelson & Martinez	Ms. Bryan/229-8948
For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.					

**Daily Bible readings:** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday** — Psalms 119:33-40 & Ezekiel 4-6

**Saturday** — Psalms 119:41-48 & Ezekiel 7-9

**Sunday** — Psalms 119:49-56 & Ezekiel 10-12

**Monday** — Psalms 119:57-64 & Ezekiel 13-15

**Tuesday** — Psalms 119:65-72 & Ezekiel 16-18

**Wednesday** — Psalms 119:73-80 & Ezekiel 19-21

**Thursday** — Psalms 119:81-88 & Ezekiel 22-24

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

**UNIT:** For the soldiers, noncommissioned officers and officers of the ARNG 48th Infantry Brigade, a separate brigade located in Georgia.

**ARMY:** For Gen. John M. Keane, Vice Chief of Staff of the Army and the military and civilian personnel who work in the Office of the Vice Chief of Staff.

**STATE:** For all the soldiers and families from the state of Maryland. Pray also for Gov. Parris N. Glendening, the state legislators and local officials of the "Free State."

**NATION:** For our nation as we celebrate Columbus Day Oct. 14. Encourage us with a renewed spirit of adventure and discovery of faith.

**RELIGIOUS:** For grace, to accept and adjust to all the changes and transitions in our lives.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at [www.usarmychaplain.com](http://www.usarmychaplain.com).





Photo by Sgt. Chris Smith

A cowboy rides out a buckin' horse during the rodeo portion of the Fall Fest at Turkey Creek Oct. 5. Local cowboys and military personnel participated in events ranging from Bronco Riding to Calf Roping.

# Ropin', ridin', wranglin'

## Fall Fest and Rodeo ropes in Turkey Creek visitors

by Sgt. Chris Smith  
14th Public Affairs Detachment  
Pumpkins, ponies and bulls, oh my!  
Members of the Fort Carson community came together Saturday to celebrate fall at Turkey Creek Ranch during the Fall Fest and Rodeo.  
The event ran the majority of the day and held a plethora of events and activities.  
"It's a community-oriented event focusing on the families," said Sean Stewart, marketing director for the Directorate of Community Activities. DCA put on the event.  
The family aspect was evident through the

available activities. There was a hay ride, pie-eating contest, pony rides, panning for gold, clowns, archery and searching for pennies in a haystack, just to name a few.  
According to Stewart, the goal was to get the on-post population together and to provide a good time.  
Adjacent to where the Fall Fest was being held, a rodeo was being hosted by the Professional Armed Forces Rodeo Association. The rodeo featured saddle and bareback bronco riding, bull riding, calf roping and of course, the rodeo clowns.

The crowd was entertained by the antics of the clowns, which included consistent jokes on each other and between the clowns and the announcer.  
This was the first time DCA has held Fall Fest and Stewart said it's something they'd like to continue doing.  
"Absolutely," said Stewart. "It (the fest) was excellent and the majority of people we talked to were very happy. We want people to know that Fort Carson is our home town and DCA is the caretaker of the community. We do it for soldiers and their families."



Photo by Sgt. 1st Class Gary L. Qualls Jr.

Charging out of the gate, a cowboy gets bucked by a bull while the rodeo clown helps by trying to distract him.



Photo by Sgt. 1st Class Gary L. Qualls Jr.

A bronco rider tries for his eight seconds, but gets tossed at the last moment.



Photo by Sgt. Chris Smith

Katie Lever, 4-year-old daughter of Staff Sgt. Zachary Lever, Troop G, 2nd Squadron, 3rd Armored Cavalry Regiment, enjoys the pony rides offered at the festival.



Photo by Sgt. Chris Smith

A visitor to the Fall Fest at Turkey Creek Ranch pans for gold.





*Freedom is drug free, plant the promise.*



## Red Ribbon Week 21 - 31 October

For detailed information  
please call  
**719-526-2181**

# Fort Carson

Sponsored by:

**AT&T**

**J.A. Jones**

**Security Federal Credit Union**

Take your game  
to a New Level  
at the



"Taking Your Game to the Top!"  
526-4122

## Storytime

Critters from A to Z

Every Wednesday  
10:30 to 11 am  
Through 14 May 2003

Grant Library  
Bldg. 1528, 4950 Flint Street  
Fort Carson  
719-526-2350

## Auto Craft Center Presents

### Win a Car!

Previously Owned • In as Condition  
**1995 Neon**  
Only 75,842 Miles & Comes With:

- Certificate of Title!
- New Paint!
- Power Locks, Windows & Sunroof!
- Cruise Control!
- Detailed Inside & Out!
- Completed Emission Inspection!

Drawing will be held at the Post Field House, Bldg. 1829 Specker Ave.  
During the Holiday Village Gala.

**Saturday, 7 December 2002**

Tickets Sold at Fort Carson's

Auto Craft Center Bldg. 2427 Wetzel R.R. Bldg. 1518 Wetzel And in Front of the Main Post Exchange

For More Information Please Call  
**719-526-2147**

**OCTOBER 25, 2002  
6 - 7 PM**

**FREE DEMO  
ORNAMENTAL MILLING MACHINE  
FREE DEMO**

**SMITH WOOD CRAFT CENTER  
BLDG. 2426, WETZEL AVE  
FORT CARSON  
526-3487**

## Fort Carson Child and Youth Services

For more information on  
exciting upcoming events and  
services provided by your  
Fort Carson  
Child and Youth Services  
please call.  
**719-526-8220/1100**

Bring your Friends, family and Skate with us!



at the Post Field House Bldg. 1829, Specker Ave.

10 & under and beginners  
3 - 5 pm

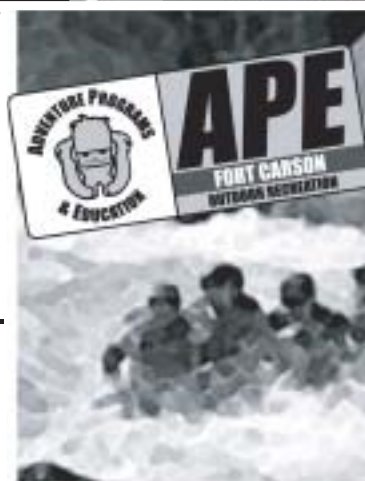
All other skaters  
5 - 9 pm

Only

**\$1.00**

- 185 Rink
- Great Music
- Fantastic Light Show
- Fun for all!
- Skate Rental \$1.00

For more information, please call **524-1163** or **526-1023**



Adventure Programs and Education (APE) is all about fun... goes without saying. However, our larger goal is to teach the skills necessary to make good decisions for yourself so you can enjoy the wild for a lifetime. No matter what your age or experience level, our APE instructors will give you the tools to learn. Our programs are structured with the highest regard to safety, quality of instruction and preservation of the environment while being number one in the jungle of Outdoor Recreation customer service.

**Let's go APE! Adventure Programs and Education Staff**

Adventure Programs and Education (APE) offers a broad range of trips and instructional courses for everyone! Sign up for all APE activities at the Fort Carson Outdoor Recreation Complex, Bldg. 2429, Specker Ave.

\*Customized trips can be arranged to meet your personal and group needs.

For more information on these programs, contact the Outdoor Recreation Information desk at **719-526-2083**, or stop by and visit with our experienced APE instructors.

## ELKHORN Catering & Conference Center

**Better Watch Out! Better Not Pout!**  
**Santa's Coming to Town,  
at the Elkhorn**

**Tuesday, 10 December 2002  
4 pm - 7 pm**

Elkhorn Catering & Conference Center  
is located on Fort Carson at building  
7300 Woodhill Rd.

For more information about reservations  
please call: 578-6646

Entertainment Etc. Presents  
**HYPNOMANIA**  
Hosted by one of America's favorite Hypnotists  
**MELODY**  
Certified Hypnotist  
Starring:  
**YOU**  
**LOU**  
November 8, 2002  
7:00 pm  
All participants are on a volunteer basis only, everything seen on stage is genuine. No stooges are used in the making of this program, 18 years and older please. Show contains adult themes and is not suitable for minors.

**Thunder Alley  
Bowling Center**  
**Bowl Your Guts Out!**  
Bldg. 1511 Chiles Ave.  
**526-5542**



# Sports & Leisure

## Flag football heats up fall nights on Fort Carson

by Al Gambala  
Intramural Sports Director, Directorate of  
Community Activities

After four weeks of competition, 10th Combat Support Hospital is on top with only one defeat. 10th CSH has reflected a well coached and disciplined team overall.

**Weak points:** The Team doesn't have very many, if any at all. It seems the offense is hard to contain with the defense doing their part with good coverage and focus on every play and situation. Their only loss was handed to them Monday by the team from 43rd Combat Engineer Company.

As other teams start coming back from deployment, competition will start getting keener as the season progress.

Other teams to watch out for are Troop K, 2nd Squadron, 3rd Armored Cavalry Regiment, Headquarters Detachment, 64th Forward Support Battalion, 2nd Transportation, 59th Quartermasters, Medical Activities Command and 4th Finance. All are teams with a winning record and ready to play once they get back.

Remember, all teams need your support to win or lose. The 66th Military Intelligence team deserves a lot of credit. They participate, have a losing record, but are there to take part and keep a good attitude at all times.

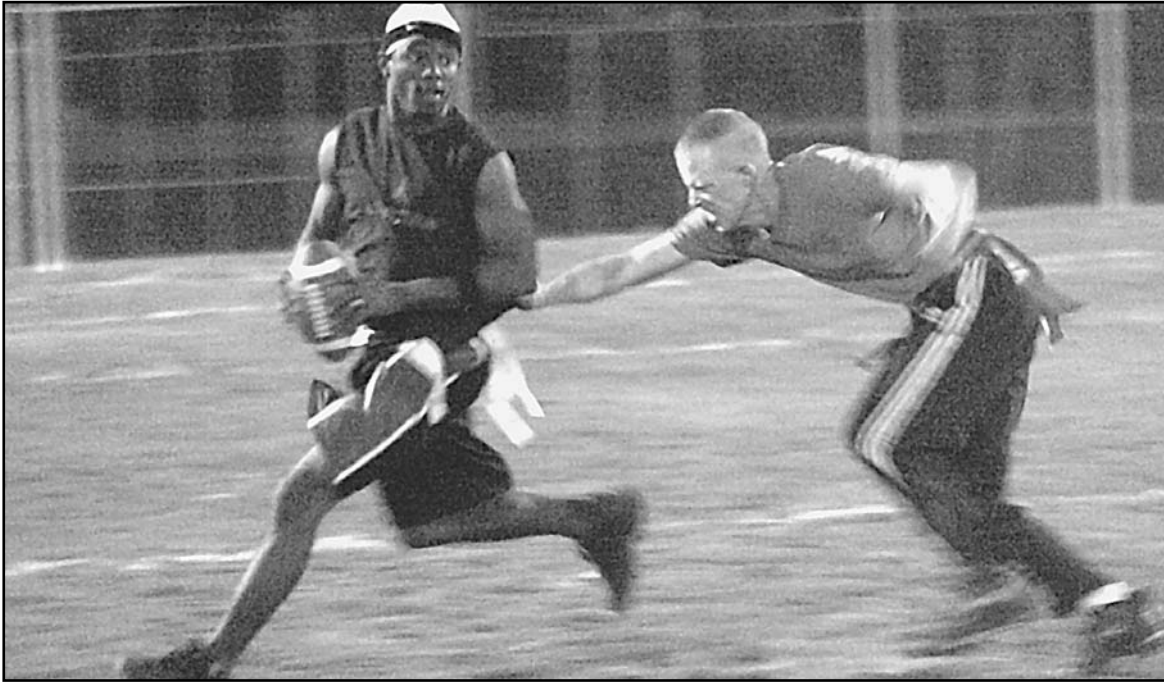


Photos by Jon Christoffersen

Members of 10th Combat Support Hospital and 43rd Combat Engineer Company flag football teams try to catch the ball during Monday's football action at the Fort Carson Sports Complex. 43rd CEC handed 10th CSH their first loss of the season.



Keeping track of the down during the game.



Nick Soldan, 10th Combat Support Hospital, chases down the quarterback from 43rd Combat Engineer Company during football action Monday.

### Flag football standing

	W	L	T		W	L	T		W	L	T
10th Combat Support Hospital	7	1	0	Brigade Dining Facility	0	1	0	59th Quartermasters	2	3	0
Troop K, 2/3 ACR	4	0	0	Troop L, 3/3 ACR	4	2	0	Troop G, 2/3 ACR	1	3	0
Headquarters Detachment, 64th FSB	2	0	0	60th Ordnance Company	3	2	0	66th Military Intelligence Company	2	3	0
Headquarters Company 1/68th Armor	2	0	0	Company M, 3/3 ACR	3	2	0	43rd Combat Engineer Company	0	2	0
2nd Transportation Company	2	2	0	Company D, 1/3 ACR	2	2	0	Maintenance Troop, 2/3 ACR	2	4	0
Medical Activities Company	6	1	0	Troop I, 3/3 ACR	1	2	0	759th Military Police	4	4	0
Headquarters Troop 3/3 ACR	4	1	0	Howitzer Battery, 3/3 ACR	1	2	0	183rd Maintenance	1	4	0
502nd Personnel Service Battalion	4	1	0	Howitzer Battery, 2/3 ACR	7	3	0	Troop A, 1/3 ACR	0	4	0
Company B, 4th Engineers	1	1	0	4th Finance	3	3	0	5025th MP Company	0	4	0



## On the bench

# Family night a splash at pool

Commentary by Stacy Harris  
Mountaineer staff

The seasons are rapidly changing in Colorado and colder weather is approaching. The summer season always seems to go too fast. Now there is a way that you can avoid the upcoming “winter blues.”

Thursday nights you have the option to enjoy summer during the fall and winter months with the indoor pool's Family Fun Night. And, with Thursdays being family time on the Mountain Post, what better activity is there to do than head to the indoor pool for some quality time spent with the family?

During opening night Oct. 3, I went to the indoor pool to cover the story for the *Mountaineer*. While I didn't bring my swimsuit, even fully clothed I had this urge to jump in and join the fun. The families that came ranged in age from infants to adults, and everyone at the pool wore a big smile. For those who aren't into the “wet ‘n’ wild” fun, there are other activities available for them to enjoy, such as watching a movie on the big screen television or sitting back while the children swim and reading a book.

While I am by no means a swimmer, the fun these participants were having and all their screams of joy convinced me this was a worthwhile activity. The facility is top-notch, the staff is friendly and lifeguards are on duty to ensure everyone's safety.

The cost is only \$4 for a family and \$3 for a non-military guest, which in comparison to other activities available, is relatively cheap and won't cut a chunk out of your budget. Not to mention, you also get to spend good quality time with your family.

I would encourage anyone who hasn't been to Family Fun Night yet to head down to the Indoor Pool

for this wonderful family-orientated activity. Special nights of interest include Oct. 24, Red Ribbon Night, and Nov. 21, Military Appreciation Week, when participants can get in for free and families can enter a drawing for a family pass.

So, if you are sitting at home tonight with nothing to do, why not head over to the pool for a splashing good time?

For more information on this event call 526-3107 and watch for an upcoming feature spread on family night in the *Mountaineer*.

**Look what's coming up at the pool** — You guys asked for it and now you are going to see it. Scuba classes are scheduled to start in November. For more information, contact Don Armes, 526-3107.

**Are you sick of the same old exercise routines?** The Fort Carson Aquatics Center has low impact water aerobics classes on Tuesdays and Thursdays from 10:30 to 11:30 a.m. The class is geared toward those who are interested more in stretching and toning rather than a cardiovascular workout. For those interested in a high-impact class designed more for a cardiovascular workout, come on Tuesdays and Thursdays from 5 to 6 p.m. Pregnancy Water Aerobics is also available for family members. For questions on the water aerobic programs contact Crystal Miller, 526-3122.

**Don't forget** — If you like to rollerskate, the Family Skate Night at the Post Physical Fitness Center is another option for families to get out and have some fun. The event is available every Saturday night. The cost is \$1 per skater and \$1 for a skate rental. The hours are from 3 to 5 p.m. for beginner skaters and those 10 and under. Afterwards, until 9 p.m., it is open to the whole family.

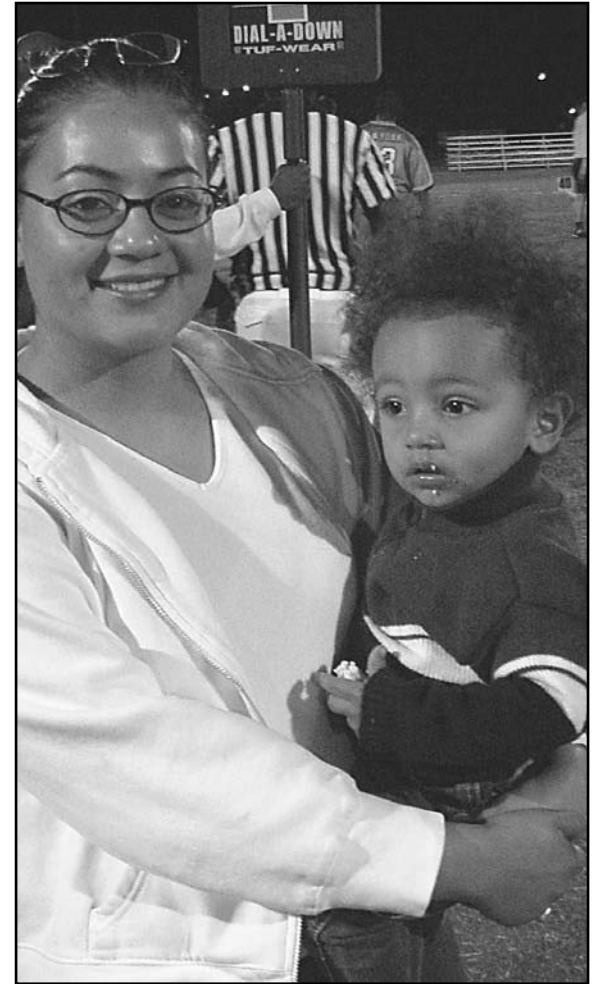


Photo by Jon Christoffersen

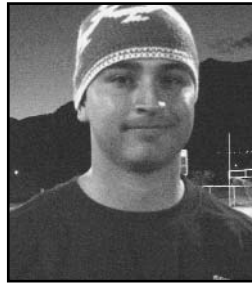
## *Fans of the week ...*

**Maribel Cardenas holds Junior Lockett while watching the Company K, 158th Aviation Battalion, play flag football Monday at the Fort Carson Sports Complex.**

# Pigskin Picks

College/NFL

Rice at Navy



Daniel Ward  
59th Military Police  
Company

Rice



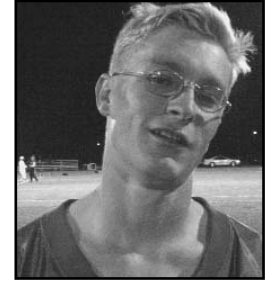
Marcus T. Nakamura  
59th Military Police  
Company

Rice



Al Gambala  
Directorate of  
Community Activities

Rice



Kirk Greenwall  
Company K, 158th  
Aviation Battalion

Rice

Texas Christian at Army

Army

Army

Texas Christian

Texas Christian

Brigham Young at Air Force

Air Force

Air Force

Brigham Young

Brigham Young

Wyoming at Colorado State

Colorado State

Colorado State

Colorado State

Colorado State

Colorado at Kansas

Kansas

Kansas

Kansas

Kansas

Oklahoma State at Kansas State

Oklahoma State

Oklahoma State

Oklahoma State

Kansas State

Florida State at University of Miami (Florida)

Miami

Miami

Miami

Miami

Miami at Denver

Miami

Miami

Denver

Denver

Oakland at Cleveland

Oakland

Oakland

St. Louis

Oakland

Kansas City at San Diego

Kansas City

San Diego

San Diego

Kansas City

Carolina at Dallas

Carolina

Carolina

Dallas

Dallas

Green Bay at New England

New England

New England

New England

Green Bay

San Francisco at Seattle

San Francisco

San Francisco

San Francisco

San Francisco

Pittsburgh at Cincinnati

Pittsburgh

Pittsburgh

Pittsburgh

Pittsburgh





Photo by Spc. Stacy Harris

### *What a splash ...*

Emily Broyles plays with the tube floats during the reopening of Family Night at the indoor pool Oct. 3. Family Night is every Thursday night at the indoor pool, 1446 Nelson Blvd., and is geared toward active duty, retired, Reserve and National Guard families. The event costs \$4 per family and \$3 per non-military guest. Participants have their choice of activities from watching a movie on the big screen TV, jumping off the diving board or playing with the flotation devices in the water.

Family Night began earlier this year to give the community a good family outing, said Don Armes, Aquatics Center director. The program has been a success from the very beginning and keeps on growing, he said, and this year will be equally as successful. "This year will turn out fantastic, because I will make it fantastic," Armes said.



# Go underground, tour gold mine



Story and photos  
by Nel Lampe  
Mountaineer staff

The headframes of old gold mines dot the area around the Mollie Kathleen Gold Mine near Cripple Creek.

**T**he Mollie Kathleen Gold Mine near Cripple Creek has been open since 1891. It is one of the earliest gold mines established after gold was found in Cripple Creek.

During its heyday, there were 500 working mines in the Cripple Creek District. Some 8,000 miners were employed in the district, known as a \$3 camp, because the minimum wage was \$3 a day.

Cripple Creek gold created more than two dozen millionaires. The first millionaire was Winfield Scott Stratton, a Colorado Springs carpenter and friend of the cowboy, Bob Womack, who first discovered gold in Cripple Creek. Stratton mined \$4 million in gold from the Independence Mine before selling the mine for \$11 million, and the mine's total production was about \$28 million in gold. Other mine-owner millionaires built large houses in Colorado Springs along North Wood Avenue, which was called "Millionaire Row." Ironically, Womack wasn't one of the millionaires. He reportedly sold his mine for a few hundred dollars and went to work for his sister who ran a boarding house in Colorado Springs.

But who is Mollie Kathleen and why is a mine named after her?

Henry and Mollie Kathleen

Gortner came to Colorado Springs from Iowa. The Gortner family included a daughter and a son.

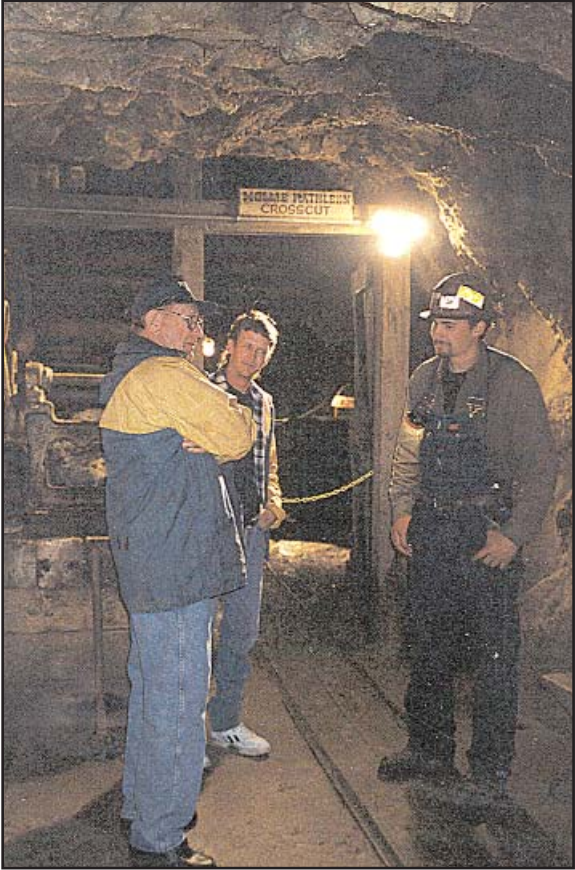
Perry, the son, was a surveyor in the Cripple Creek District and helped map prospectors' claims.

Mollie Kathleen decided to visit her son in the gold district in 1891, traveling the rough route from Colorado Springs up Ute Pass to what is now Cripple Creek. She stayed on for a while to visit and keep house for her son.

While looking for a herd of elk she'd heard was in the area, Mollie Kathleen happened to see a strange rock outcropping. Using another rock, she broke open the outcropping and discovered gold veins. She showed the rocks to her son, who quickly staked a claim on the site.

Mollie went to file for the claim, but was rebuffed by the claims office because she was a woman and "couldn't file a claim." Mollie was reported to have grabbed the papers and signed them, thus becoming the first woman to have a claim in the Cripple Creek District.

According to Dennis Lanning of the Mollie Kathleen Gold Mine, miners were quite superstitious about having women in the mines. Mollie Kathleen found she couldn't hire workers because of the superstition. She



The tour guide answers questions during a tour of the Mollie Kathleen.

finally had her son take over the mine as he could hire workers. When she would come to visit the mine, all the miners would quit working, come to the top, and wait until she left before going back to work. They didn't need the bad luck of a woman being underground.

Lanning said early day miners would have a picnic day, when families would be able to come to the mine to see how their family members spent his day.

People stopped by the Mollie Kathleen Mine, asking to see the mine. Sometimes the miners took turns, conducting tours underground while other miners continued their work.

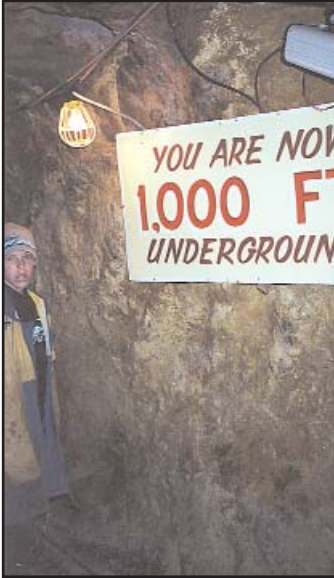
Word got around that tours were conducted at the Mollie Kathleen Mine, and people kept coming, requesting tours. So many people came that the mining work was disrupted.

Finally, it was decided to conduct tours at the 700 foot-level while con-



Miner guide Jeff Lanning helps a visitor select a souvenir piece of gold ore during a tour of the Mollie Kathleen Mine.

HAZARD



Places to see in the Pikes Peak area.

Oct. 10, 2002



## Mine

From Page 27

tinuing the mining 300 feet below. Although some mining work continued during the day, the dynamiting was done at night, and the ore brought to the surface afterward.

Demand for tours of the mine continued, and eventually the tours took over the mine during the daytime and the miners worked at night.

The Mollie Kathleen gold mine was a productive mine from 1891 until closing in 1961, except during a nationwide ban on production during World War II. During that time, the mine yielded \$5 million dollars in gold, which at today's prices would have been worth \$100 million. The Mollie Kathleen Mine is estimated to still contain about 80 percent of its gold.

When the last gold ore mill closed, there was no place to ship the ore for processing and the mine halted production.

But mine tours continued.

The total shaft depth is 1,050 feet. Visitors to the mine are lowered to 1,000 foot depth the same way early day miners were: an elevator contraption called a nine-man miner skip. Two nine-man skips are used, one on top of the other, to lower a tour group of 18 people at one time.

The hoisting cable is one-inch steel cable with a snap test cable of 65 tons.

The man skips operate at a rate of 500 feet per minute, compared to elevators which travel at

800 feet per minute.

The hoist is powered by a 75 horsepower drive, backed up by a gasoline Chrysler engine. Visitors can also watch the hoist operate. The tour takes visitors to a small part of the mine. Some of the cross cuts and drifts were too long and too far apart to give visitors enough time underground to visit all areas of the mine.

But the management of the mine knew changes and improvements had to be made, which meant gathering the right mining equipment and finding parts to put the equipment in working condition. Once the equipment was in order, many hours of hard-rock mining was required to cut out more rock, to enable visitors to see more of the early day Mollie Kathleen Mine.

After six years of gathering the equipment, work on the mine began. During the off season in 2000 and 2001, the Mollie Kathleen Mine resounded with noises of rock mining, drilling, blasting, voices and shouts. The man skips hauled miners rather than tourists. When it was done, 250 rounds of explosives had been set off and tons of rock hoisted to the surface. Several hundred feet of drifts and crosscuts were blasted out. Hundreds of mine rails were reset in the mine, which in the future will be used by an underground train to take visitors through the mine.

The train is expected to be ready for the 2003 season. Also planned for next year is a new display of Cripple Creek gold ore, which will include rare samples from many mines in the district.

The Mollie Kathleen Mine is the only vertical shaft gold mine tour available in the United States.

When the mines in the Cripple Creek District ceased production, tours of the Molly Kathleen were going well and the decision was made to continue the tours. This would keep the mine in operable condition so the mine could be reopened if gold prices became high enough or a way to process gold ore came about.

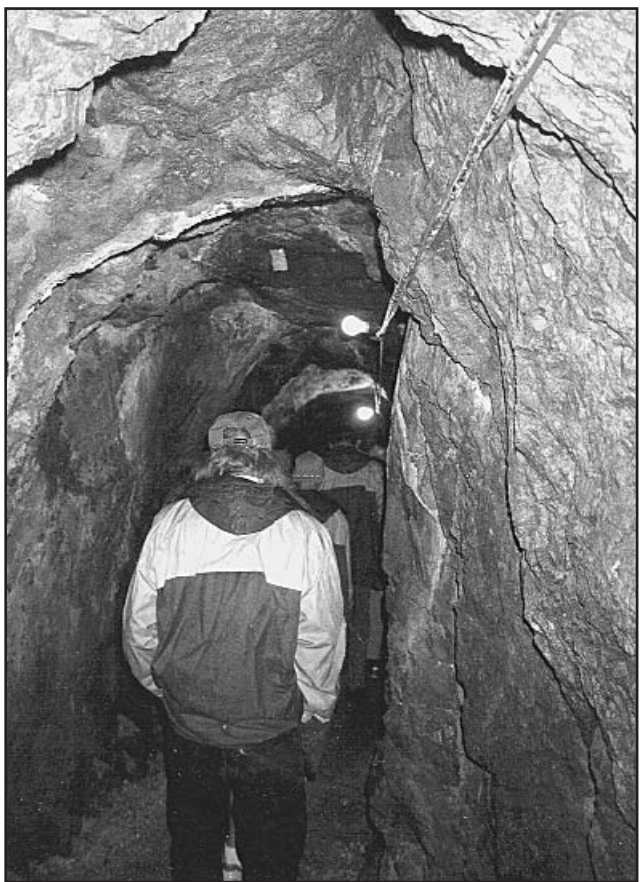
Thus far, the mine still only produces tours for thousands of tourists each year.

Adult visitors pay \$11, younger visitors pay \$8, for the chance to don a miner's jacket, ride the skip straight down 1,000 feet, and take a walking tour of a real gold mine. A miner shares with visitors what a day in the life of a hard-rock miner was like. The guide demonstrates the equipment, bringing it to life so visitors also experience the noise-level miners did.

Each visitor receives a free specimen of gold-



Visitors observe the hoist and explore the grounds around the Mollie Kathleen Mine while waiting for the next tour to begin.



A tour group walks through the Mollie Kathleen Mine at 1,000 feet below the surface.

containing ore at the end of the tour.

The tour takes about 45 minutes. The mine is open for tours daily through October, then on weekends after that. For tour information, call (719) 689-2466.

Many visitors think the mine tour is the best attraction in the district.

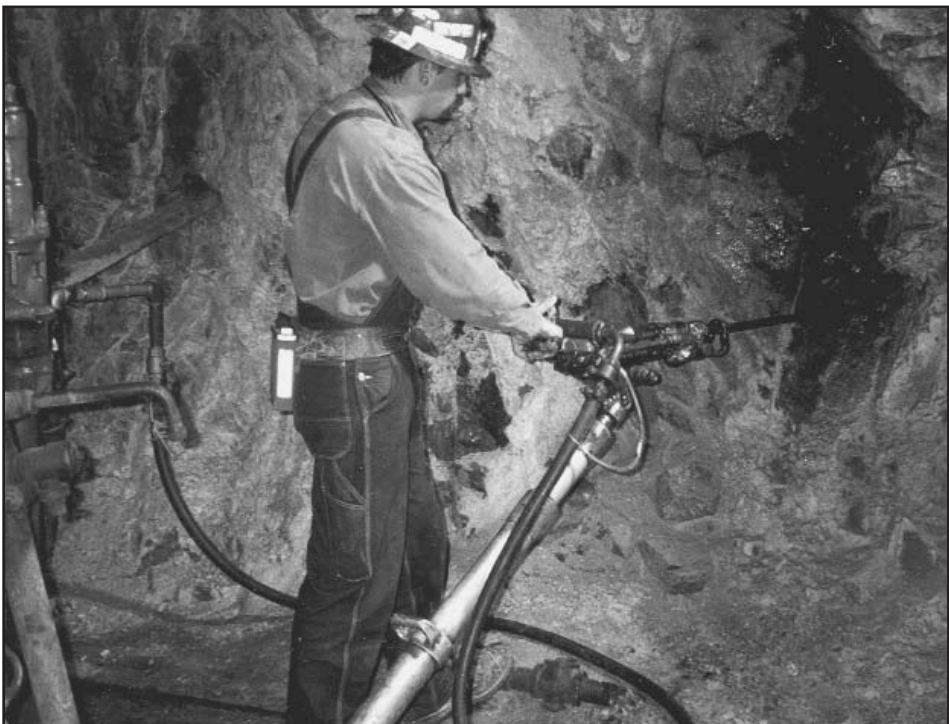
Sept. 13, a group of visitors from the Dallas area toured the Molly Kathleen.

"It was a very interesting tour," said a man heading to the tour bus. "I never knew how much work it took to get the gold out. Now I know a lot of trivia about gold mining."

To reach the Molly Kathleen Mine, take Highway 24 west, through Woodland Park to Divide, turning south on Highway 67. Go about 18 miles to the mine, just before Cripple Creek.



Jeff Lanning directs a group of visitors into the man skip to start the tour.



The miner guide demonstrates the jack leg drill used to drill into the hard rock in the Mollie Kathleen Mine.

### Just the Facts

- **Travel time** one hour
- **For ages** all
- **Type** gold mine
- **Fun factor** ★★★★★ 1/2 (Out of 5 stars)
- **Wallet damage** \$\$

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)



## Get Out!

### Haunted Houses

**Demented Journey Haunted House** is at JoyRides Family Fun Center, 5150 Edison Ave. There's also a Corn Maze and Tormented Trail open Mondays to Thursdays, from 3 to 8 p.m., Fridays from noon to midnight, Saturdays from noon to 10 p.m. and Sundays from noon to 7 p.m. Admission for the house is \$10, the Maze admission is \$5 and the haunted trail is \$7. Or, buy the creep combo deal and see all three for \$18. Call 573-5500 for information about "no scare" show dates.

**"Mind Seizure Haunted House"** is at 3999 N. Academy Blvd., behind the NAPA store. Tickets are \$11, and it is open Thursdays and Sundays from 7 to 10 p.m., Fridays and Saturdays from 7 to 11 p.m. Call 570-1155.

**"Halloween Fest"** is open Thursdays through Sundays from 7 to 11 p.m., and is at Rustic Hills Plaza, at Academy and Palmer Park. Tickets start at \$8. For more information go online at [www.halloweennation.com](http://www.halloweennation.com).

**"House of Fear"** is at the Youth Outreach Center, 1801 N. Union Blvd., 6 to 10 p.m. except Fridays and Saturdays, it is open until 11 p.m. Tickets start at \$5; phone 633-9660.

A **"Fright Tour"** of the City Auditorium is Oct. 17 to 20 and Oct. 29 to 31, from 6:30 to 10 p.m. Admission is \$12 and parental guidance is recommended. Call 578-6652 for information.

**"Haunted Hearthstone"** is 5:30 to 8:30 p.m. Oct. 31 only. Admission is \$5 for anyone older than 13, and \$2.50 for those younger. Call 473-4413 for information. The address is 506 N. Cascade Ave.

### Other Halloween Activities

**Rock Ledge Ranch holds an Old-Time Halloween Party** from noon until 4 p.m. Oct. 27. Old fashioned halloween activities and games are on the agenda, along with cider making. Entrance is \$5 for adults and children under 12 in costume will be admitted free. Call 578-6777 for information.

**Emma Crawford Coffin Races** are Oct. 26 in

downtown Manitou Springs, beginning at 10 a.m. with a children's fun run and a five-kilometer run at 10:30 p.m. The traditional Coffin Race begins at 12:30 p.m. with a media heat, followed by a coffin parade at 1 p.m., and the Coffin Races are at 1:30 p.m. It's free.

**"Emma's Favorite Haunts"** is a lantern-lit walking tour in which visitors meet the ghosts of Manitou Springs. Tours are 45 minutes long and start every 15 minutes at 515 Manitou Ave., from 7 to 9:30 p.m. Tickets are \$9 and should be purchased in advance at the Chamber of Commerce, 3564 Manitou Ave., 685-5089. This event will sell out.

**"Grave Undertakings — Manitou's Dirt and the People Below It."** The 30-minute walking tour of the cemetery costs \$6 and tours begin at 6 p.m., Oct. 25. Tours are every 15 minutes and start at 515 Manitou Ave. This tour typically sells out; buy tickets in advance at the Chamber of Commerce, 354 Manitou Ave. Call 685-5089.

**Pumpkin-thon**, sponsored by Silver Key Senior Services is Saturday from 10:30 a.m. to 1:30 p.m. in Bear Creek Pavilion. There are costume contests for children ages 5 to 12 and a decorated pumpkin contest and a largest pumpkin contests. Admission is a nonperishable food donation or cash donation.

**Super safe Halloween Extravaganza** is held at the Southeast Family Center/Armed Services YMCA. It's a fun event for YMCA members and military families from 6 to 8:30 p.m. Oct. 31. Games, prizes, candy and snacks; entrance fee is 50 cents. Children are encouraged to wear costumes.

The Colorado Springs Symphony presents **"Family Fun Series: Halloween Spooktacular,"** which begins at 1:30 p.m. at the Pikes Peak Center, with lobby activities. Spine-tingling music begins at 2:30 p.m. Costumes are encouraged. Call 633-6698 for tickets or go online at [cssymphony.org](http://cssymphony.org).

An Imagination celebration event is **"The Haunted Orchestra"** Oct. 20 at the Pikes Peak Center, 190 S. Cascade. Dan Kamin and the Colorado Springs Youth Symphony perform a comedy concerto at the Pikes Peak Center, 190 S. Cascade. Admission is \$9. Call 520-SHOW.

### Football season

**The Air Force Academy football schedule** continues with a home game against Brigham Young University Saturday, Notre Dame, Oct. 19 and

Colorado State University, Oct. 31. The last home game is San Diego State, Nov. 23, and is military appreciation day. Call 472-1895 for tickets.

### Symphony season

A **Colorado Springs Symphony** concert is Friday and Saturday at 8 p.m. and Sunday at 2:30 p.m. Pianist Orion Weiss plays Brahms, Schumann and Prokofiev. "The Best of Gershwin" is Oct. 25 and 26 at 8 p.m. All concerts are in the Pikes Peak Center. For ticket information, call 633-6698 or 520-SHOW or Ticketmaster at 520-9090. Online, it's [www.cssymphony.org](http://www.cssymphony.org).

### Melodrama

**"Yo Ho Ho and a Barrel of Fun"** is the melodrama at Iron Springs Chateau Fridays and Saturdays. Dinner is at 6 p.m., show at 8 p.m., 444 Ruxton Ave., in Manitou Springs. Show and dinner are \$23; or see only the show for \$12. Call 685-5104.

**"Unhand Her, You Villain"** and **"Not my Cup of Tea"** is at the Castaways Dinner Theater, 107 Manitou Ave., in Manitou Springs. Dinner and show are \$35; show only \$20. Call 685-5104.

### Irish dancing

**The Trinity Irish Dancers** are at the Sangre de Cristo Theater, 210 N. Santa Fe in Pueblo, Oct. 20 at 7:30 p.m. Tickets are \$20, call (719) 295-7222.

### Air Force Academy Concerts

**The Air Force Academy Concert Series** for the upcoming season includes "South Pacific," Nov. 2, "Aeros," Feb. 8, "Swing," March 29, and Lee Greenwood and Sandi Patty, April 12. Call the Arnold Hall Theater box office at 333-4497.

### Cinderella

"Cinderella," by Rodgers and Hammerstein, is at 2 and 8 p.m. Nov. 3 at the Pikes Peak Center, 190 S. Cascade. Tickets start at \$25; call 520-SHOW.

### Man of La Mancha

**"Man of La Mancha,"** is in the Colorado Springs Fine Arts Center theater through Oct. 30, Fridays and Saturdays at 7 p.m. and Sundays at 2 p.m. Tickets are \$25; call the box office at 634-5583.

### "Show Me the Money"

A new exhibit at the Money Museum is **"Show Me the Money: The Dollar as Art,"** features 40 works of art. The Money Museum is at 818 N. Cascade Ave, and is open Monday through Saturday.



# Happenings



File photo

## Haunting ...

**“Tormented Journey” at JoyRides has its own gargoyle. There are several haunted houses and other Halloween events available in the local community. See page 29 for listings.**



Program Schedule for Fort Carson cable Channel 10, today to Oct. 18.

**Army Newswatch:** includes stories on the new Stop Loss policies, U.S. Army South relocation and Fort Campbell murder mystery (repeat). Airt at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

**Navy/Marine Corps News:** includes stories on POW/MIA ceremony, Millennium Challenge 2002 and the Naval District Washington cultural heritage festival (repeat). Airt at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

**Air Force News:** includes stories on the tilt rotor aircraft testing, the increased role of the Air National Guard and the new Air Force TV commercials (repeat). Airt at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at

[CommandInfo@carson.army.mil](mailto:CommandInfo@carson.army.mil).

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913-5119 or fax information to 526-1021 no later than the Friday before airing time.